

GRADE 5 PRAYERS

Act of Contrition

O my God, I am heartily sorry for having offended you and I detest all my sins because of your just punishments, but most all of because they offend you, my God, who are all good and worthy of all my love. I firmly resolve, with the help of your grace to sin no more and to avoid the near occasions of sin. Amen.

Rite of Penance

Priest: Welcomes the penitent.

Penitent: In the name of the Father, and the Son, and the Holy Spirit. Amen (make the sign of the Cross).

Priest: Invites the penitent to have trust in God. The priest or penitent may read a text of Holy Scripture.

Penitent: Bless me Father; it has been _____ (how long) since my last confession. These are my sins:

Tell the priest your sins with honesty and sorrow, and also tell the priest a little about yourself. The priest will listen to you and guide you.

Penitent: I am sorry for these and all my sins.

The priest will give you a penance to help make up for your sins and to change your heart.

Penitent: Act of Contrition

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After the Act of Contrition, the priest will give you Absolution.

Penitent: At the end of the Absolution say Amen (make the sign of the cross).

Priest: Give thanks to the Lord, for he is good.

Penitent: His mercy endures forever.

Priest: Dismisses the penitent in peace.

Hail, Holy Queen

Hail, Holy Queen, Mother of Mercy, our Life, our Sweetness, and our Hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning, and weeping, in this valley of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the Blessed Fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary, pray for us Holy Mother of God that we may be made worthy of the promises of Christ. Amen.

Mysteries of the Rosary

Joyful: The Annunciation, the Visitation, the Birth of Our Lord, the Presentation of Our Lord in the Temple, and the finding of Our Lord in the Temple.

Sorrowful: The Agony in the Garden, the Scourging at the Pillar, the Crowning with Thorns, the Carrying of the Cross, and the Crucifixion and Death of Our Lord.

Glorious: The Resurrection of Our Lord, the Ascension of Our Lord into Heaven, the Descent of the Holy Spirit upon the Apostles, the Assumption of Our Blessed Mother into Heaven, and the Coronation of Our Blessed Mother in Heaven.

Luminous: The Baptism of Our Lord in the Jordan River, the Wedding at Cana, The Proclamation of the Kingdom, the Transfiguration of Our Lord, and the Institution of the Eucharist.

Fatima Prayer

O my Jesus, Forgive us our sins. Save us from the fires of Hell. Lead all souls into Heaven, especially those in most need of Thy mercy. Amen.

Prayer after the Rosary

O God, whose only-begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech Thee, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

The Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help or sought your intercession, was left unaided.

Inspired with this confidence, I fly to you, O Virgin of virgins, my Mother. To you I come; before you I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in your mercy hear and answer me. Amen.

Assessment Dates 2025-26

Sept. 29th: Act of Contrition, Rite of Penance, Hail Holy Queen

Nov. 24th: Mysteries of the Rosary

Feb. 2nd: Fatima Prayer, Prayer after the Rosary

April 6th: The Memorare